

Dunmow St Mary's Primary Schools

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Tuesday 3rd November 2020

Dear Parents,

Year 6 Sex and Relationships Education

As part of their PSHE topic this term, the children in Year 6 will be studying pubescent change and human reproduction in the context of emotional development and relationships. An important part of this study is for the children to find out about their own physical development. The week beginning 3rd November we will be holding question and answer sessions on these. This study will form the major part of the children's sex education at primary school and fully cover the pubescent change requirements which they missed during Year 5 as a result of Lockdown.

The Q+A will cover the following areas of content;

- Physical changes at puberty for both boys and girls;
- hygiene as you grow up;
- Coping with physical changes;
- Understanding feelings and moods during puberty;
- How babies are made, including healthy and positive relationships;
- How babies are born;

Should you have any other questions about the topic please not hesitate to contact me.

Yours sincerely,

Clare Griffiths